

## WINTER FAMILY SESSION PACKING LIST

The winter weather at Sky Mountain is beautiful, but it can also be extreme. Families need to come prepared with their own winter clothing and boots, no outerwear will be provided. Keep in mind that families will most likely need to bundle up to walk between the lodge and their assigned bunkhouses. Please make sure all of your outerwear is somehow labeled or identifiable so they don't get mistaken for someone else's.

### **Outerwear:**

Winter (waterproof) Coat  
Winter (waterproof) Pants  
Ski Gloves (two pairs if possible)  
Warm Winter Hat and/or Headband  
Neck Gator and/or Scarf  
Waterproof Snow Boots  
Sunglasses

### ***Optional (if you have them and/or desired)***

Snow Helmet & Goggles (for sledding)  
Waterproof Gators

### **Mid-Layer:**

Vest and/or polar fleece  
1-2 warm shirts/sweaters/sweatshirts (cabin clothes)  
1-2 pairs of pants/sweat pants/leggings (cabin clothes)  
1-2 pairs of shoes and/or slippers (cabin clothes)  
Sunday clothes & shoes

### **Under/Base-Layer:**

1-2 Pairs of Long Underwear (polypropylene, wool, etc.)  
3-4 Pairs of Regular Underwear  
3-4 Pairs of Warm (preferably wool) Socks  
1 Pair Warm Sleeping Clothes (Sweats, Pajamas, etc)

### **Personal Items:**

Toiletries  
Towel and Washcloth  
Prescriptions Medications  
Bedding (Sleeping Bag, or Sheets/Blankets, and Pillow)  
Headlamp and/or flashlight  
Scriptures  
Journal

### **Other Optional Items:**

Musical Instrument(s)  
Favorite Board/Card Games  
Sleds other snow toys  
Personal Ice Skates, Snowshoes, or X-Country Ski Equipment if desired (snow equipment will be provided for those who don't have or want to bring their own.)  
Chemical Hand and Foot Warmers